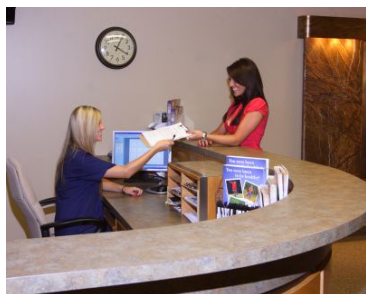
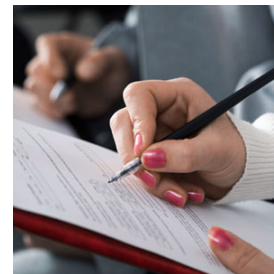


# What To Expect On Your First Visit To Our Office

## Center For Chiropractic Wellness

### Short paperwork

Most likely, you've already been sent our first day paperwork to fill out in the comfort of your own home. If not, don't worry, the paperwork is short and only takes a few minutes. While you fill out your paperwork, you can enjoy a cup of organic coffee or tea and one of our healthy snacks. The paperwork will provide us with important health history that the doctor will use to help diagnose your condition and understand where your problem may be coming from.



### Office Tour

Next, we'll take you on a brief tour through our office so you can see the newest, state-of-the-art technologies and see exactly what a patient visit looks like in our office. You'll find out immediately why our office is different than other offices and why our patients experience outstanding results. Feel free to ask other patients about their own experience while you're there.

### Consultation and Examination

After your tour, you will have a consultation with the Doctor to discuss your problem in detail, any related problems, concerns, and questions you might have.

Once your consultation is complete and the Doctor feels like he has an understanding of your problem, you will receive 3 computerized scans using the Insight Technology, used by top athletes around the world and certified by the Space Program. Once your scans are complete, your Core Score will be generated providing you with a simple to understand report that will reveal exactly how daily stresses are affecting your body and may be causing your problem. The Doctor will also perform a series of Chiropractic, postural, neurological and standard orthopedic tests as well.



Your reports will be printed along with a personal account that will be generated in the Cloud so you can look at your results and your reports at any time you want after your visit, as well as see follow up scans to track your progress.

### Report of Findings-Doctor's Recommended Action Plan

Once your information is collected, examinations are performed, and scans are completed and printed out, the Doctor will let you know if he can help you with your problem and if we can accept you as a patient into our clinic. Your questions will be answered, including:

1. Can you help me with my problem?
2. How long will it take to fix my problem?
3. How much will my care cost?



If we determine that we can't help you, we will promptly refer you to one of our wellness partners. Either way, we'll make sure that you get the help you need.

## TREATMENT



If we decide that we can help you, you'll be treated that day with a variety of non-invasive techniques and technologies to relieve your pain and start you on your way to wellness and better health. These may include: *spinal adjustments, physical therapy, decompression therapy, cold laser therapy, electric stimulation/ultrasound, and or soft tissue massage.*

## Lifestyle Wellness Program and Home Care

Before you leave our office, the doctor will map out a simple to follow lifestyle wellness program that will complement your in-office treatment to enhance and improve your overall results. Our goal is to create healthy habits and a "wellness" lifestyle so your results in our office will be permanent, and so that you will incorporate healthy habits that may include...healthy diet and supplementation...fitness and exercise...flexibility and stretching techniques...stress management...and finally, good posture and optimal spinal alignment.

Our team looks forward to making your first visit with us an enjoyable and pain free experience. If you have any questions, please feel free to call us at any time before your visit- **732 542-2000**

### How you move



### Work/Life Balance

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t

### **Center For Chiropractic Wellness**

167 Avenue At The Commons, Suite 12  
Shrewsbury, NJ

**Call us at: 732 542-2000**